

表98 問33 今の生活に満足していますか

		人数(%)										
		総数	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 20歳以上	(再掲) 70歳以上
男性	総数	753 (100.0%)	52 (100.0%)	51 (100.0%)	103 (100.0%)	113 (100.0%)	157 (100.0%)	134 (100.0%)	101 (100.0%)	42 (100.0%)	701 (100.0%)	143 (100.0%)
	とても満足している	72 (9.6%)	7 (13.5%)	1 (2.0%)	9 (8.7%)	8 (7.1%)	16 (10.2%)	13 (9.7%)	9 (8.9%)	9 (21.4%)	65 (9.3%)	18 (12.6%)
	ほぼ満足している	487 (64.7%)	32 (61.5%)	33 (64.7%)	60 (58.3%)	67 (59.3%)	98 (62.4%)	99 (73.9%)	68 (67.3%)	30 (71.4%)	455 (64.9%)	98 (68.5%)
	あまり満足していない	168 (22.3%)	11 (21.2%)	13 (25.5%)	28 (27.2%)	36 (31.9%)	36 (22.9%)	17 (12.7%)	24 (23.8%)	3 (7.1%)	157 (22.4%)	27 (18.9%)
	まったく満足していない	26 (3.5%)	2 (3.8%)	4 (7.8%)	6 (5.8%)	2 (1.8%)	7 (4.5%)	5 (3.7%)	0 (0.0%)	0 (0.0%)	24 (3.4%)	0 (0.0%)
女性	総数	843 (100.0%)	36 (100.0%)	77 (100.0%)	132 (100.0%)	111 (100.0%)	152 (100.0%)	146 (100.0%)	117 (100.0%)	72 (100.0%)	807 (100.0%)	189 (100.0%)
	とても満足している	79 (9.4%)	5 (13.9%)	8 (10.4%)	14 (10.6%)	5 (4.5%)	9 (5.9%)	10 (6.8%)	12 (10.3%)	16 (22.2%)	74 (9.2%)	28 (14.8%)
	ほぼ満足している	581 (68.9%)	22 (61.1%)	50 (64.9%)	103 (78.0%)	75 (67.6%)	103 (67.8%)	107 (73.3%)	77 (65.8%)	44 (61.1%)	559 (69.3%)	121 (64.0%)
	あまり満足していない	169 (20.0%)	8 (22.2%)	18 (23.4%)	14 (10.6%)	27 (24.3%)	38 (25.0%)	27 (18.5%)	26 (22.2%)	11 (15.3%)	161 (20.0%)	37 (19.6%)
	まったく満足していない	14 (1.7%)	1 (2.8%)	1 (1.3%)	1 (0.8%)	4 (3.6%)	2 (1.3%)	2 (1.4%)	2 (1.7%)	1 (1.4%)	13 (1.6%)	3 (1.6%)

(再掲)現在の生活に満足している者の割合(15歳以上)

総数	1596
満足している	1219 (76.4%)

\*現在の生活に満足している者とは「とても満足している」「ほぼ満足している」と回答した者

表99 問34 現在の健康状態はいかがですか

		人数(%)										
		総数	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 20歳以上	(再掲) 70歳以上
男性	総数	753 (100.0%)	52 (100.0%)	51 (100.0%)	103 (100.0%)	113 (100.0%)	157 (100.0%)	134 (100.0%)	101 (100.0%)	42 (100.0%)	701 (100.0%)	143 (100.0%)
	よい	83 (11.0%)	14 (26.9%)	4 (7.8%)	11 (10.7%)	12 (10.6%)	15 (9.6%)	14 (10.4%)	7 (6.9%)	6 (14.3%)	69 (9.8%)	13 (9.1%)
	まあよい	190 (25.2%)	15 (28.8%)	16 (31.4%)	26 (25.2%)	21 (18.6%)	39 (24.8%)	36 (26.9%)	23 (22.8%)	14 (33.3%)	175 (25.0%)	37 (25.9%)
	ふつう	353 (46.9%)	17 (32.7%)	26 (51.0%)	54 (52.4%)	55 (48.7%)	75 (47.8%)	67 (50.0%)	42 (41.6%)	17 (40.5%)	336 (47.9%)	59 (41.3%)
	あまりよくない	114 (15.1%)	5 (9.6%)	5 (9.8%)	11 (10.7%)	24 (21.2%)	25 (15.9%)	14 (10.4%)	26 (25.7%)	4 (9.5%)	109 (15.5%)	30 (21.0%)
	よくない	13 (1.7%)	1 (1.9%)	0 (0.0%)	1 (1.0%)	1 (0.9%)	3 (1.9%)	3 (2.2%)	3 (3.0%)	1 (2.4%)	12 (1.7%)	4 (2.8%)
女性	総数	842 (100.0%)	36 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	151 (100.0%)	145 (100.0%)	117 (100.0%)	72 (100.0%)	806 (100.0%)	189 (100.0%)
	よい	100 (11.9%)	6 (16.7%)	17 (21.8%)	24 (18.2%)	7 (6.3%)	11 (7.3%)	15 (10.3%)	9 (7.7%)	11 (15.3%)	94 (11.7%)	20 (10.6%)
	まあよい	215 (25.5%)	8 (22.2%)	18 (23.1%)	50 (37.9%)	28 (25.2%)	40 (26.5%)	33 (22.8%)	24 (20.5%)	14 (19.4%)	207 (25.7%)	38 (20.1%)
	ふつう	396 (47.0%)	16 (44.4%)	32 (41.0%)	50 (37.9%)	63 (56.8%)	73 (48.3%)	81 (55.9%)	55 (47.0%)	26 (36.1%)	380 (47.1%)	81 (42.9%)
	あまりよくない	113 (13.4%)	6 (16.7%)	10 (12.8%)	7 (5.3%)	12 (10.8%)	24 (15.9%)	15 (10.3%)	26 (22.2%)	13 (18.1%)	107 (13.3%)	39 (20.6%)
	よくない	18 (2.1%)	0 (0.0%)	1 (1.3%)	1 (0.8%)	1 (0.9%)	3 (2.0%)	1 (0.7%)	3 (2.6%)	8 (11.1%)	18 (2.2%)	11 (5.8%)

(再掲)自分が健康と思っている者の割合(15歳以上)

総数	1596
よい・まあよい・普通	1337 (83.8%)

表100 問35 これまでにたばこを吸ったことがありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	698 (100.0%)	50 (100.0%)	103 (100.0%)	112 (100.0%)	157 (100.0%)	132 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	合計100本以上、または6ヶ月以上吸っている(た)	449 (64.3%)	24 (48.0%)	76 (73.8%)	76 (67.9%)	113 (72.0%)	84 (63.6%)	54 (52.9%)	22 (52.4%)	76 (52.8%)
	吸ったことはあるが合計100本未満で6ヶ月未満である	45 (6.4%)	4 (8.0%)	1 (1.0%)	7 (6.3%)	11 (7.0%)	10 (7.6%)	7 (6.9%)	5 (11.9%)	12 (8.3%)
	まったく吸ったことがない	204 (29.2%)	22 (44.0%)	26 (25.2%)	29 (25.9%)	33 (21.0%)	38 (28.8%)	41 (40.2%)	15 (35.7%)	56 (38.9%)
女性	総数	805 (100.0%)	77 (100.0%)	132 (100.0%)	111 (100.0%)	150 (100.0%)	147 (100.0%)	117 (100.0%)	71 (100.0%)	188 (100.0%)
	合計100本以上、または6ヶ月以上吸っている(た)	104 (12.9%)	16 (20.8%)	31 (23.5%)	20 (18.0%)	16 (10.7%)	12 (8.2%)	7 (6.0%)	2 (2.8%)	9 (4.8%)
	吸ったことはあるが合計100本未満で6ヶ月未満である	36 (4.5%)	8 (10.4%)	14 (10.6%)	6 (5.4%)	4 (2.7%)	2 (1.4%)	1 (0.9%)	1 (1.4%)	2 (1.1%)
	まったく吸ったことがない	665 (82.6%)	53 (68.8%)	87 (65.9%)	85 (76.6%)	130 (86.7%)	133 (90.5%)	109 (93.2%)	68 (95.8%)	177 (94.1%)

表101 問35-2 現在たばこを吸っていますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	494 (100.0%)	28 (100.0%)	77 (100.0%)	83 (100.0%)	124 (100.0%)	94 (100.0%)	61 (100.0%)	27 (100.0%)	88 (100.0%)
	毎日吸う	229 (46.4%)	22 (78.6%)	53 (68.8%)	46 (55.4%)	53 (42.7%)	33 (35.1%)	17 (27.9%)	5 (18.5%)	22 (25.0%)
	時々吸う	12 (2.4%)	3 (10.7%)	2 (2.6%)	1 (1.2%)	3 (2.4%)	2 (2.1%)	1 (1.6%)	0 (0.0%)	1 (1.1%)
	今は(1ヶ月間)吸っていない	252 (51.0%)	3 (10.7%)	22 (28.6%)	36 (43.4%)	68 (54.8%)	59 (62.8%)	43 (70.5%)	21 (77.8%)	64 (72.7%)
	未記入	1 (0.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (3.7%)	1 (1.1%)
女性	総数	140 (100.0%)	24 (100.0%)	45 (100.0%)	26 (100.0%)	20 (100.0%)	14 (100.0%)	8 (100.0%)	3 (100.0%)	11 (100.0%)
	毎日吸う	54 (38.6%)	8 (33.3%)	16 (35.6%)	12 (46.2%)	10 (50.0%)	4 (28.6%)	4 (50.0%)	0 (0.0%)	4 (36.4%)
	時々吸う	4 (2.9%)	1 (4.2%)	1 (2.2%)	0 (0.0%)	1 (5.0%)	1 (7.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	今は(1ヶ月間)吸っていない	82 (58.6%)	15 (62.5%)	28 (62.2%)	14 (53.8%)	9 (45.0%)	9 (64.3%)	4 (50.0%)	3 (100.0%)	7 (63.6%)
	未記入	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\* 母数は「合計100本以上、または6ヶ月以上吸っている(た)」「吸ったことはあるが合計100本未満で6ヶ月未満である」と回答した者

表102 問35-2-2 1日に吸っている(た)本数

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	494 (100.0%)	28 (100.0%)	77 (100.0%)	83 (100.0%)	124 (100.0%)	94 (100.0%)	61 (100.0%)	27 (100.0%)	88 (100.0%)
	10本未満	41 (8.3%)	4 (14.3%)	7 (9.1%)	6 (7.2%)	9 (7.3%)	5 (5.3%)	3 (4.9%)	7 (25.9%)	10 (11.4%)
	10~20本未満	119 (24.1%)	14 (50.0%)	22 (28.6%)	12 (14.5%)	21 (16.9%)	21 (22.3%)	22 (36.1%)	7 (25.9%)	29 (33.0%)
	20~30本未満	183 (37.0%)	6 (21.4%)	29 (37.7%)	40 (48.2%)	43 (34.7%)	37 (39.4%)	17 (27.9%)	11 (40.7%)	28 (31.8%)
	30~40本未満	46 (9.3%)	2 (7.1%)	3 (3.9%)	10 (12.0%)	18 (14.5%)	11 (11.7%)	2 (3.3%)	0 (0.0%)	2 (2.3%)
	40本以上	37 (7.5%)	2 (7.1%)	2 (2.6%)	3 (3.6%)	10 (8.1%)	13 (13.8%)	7 (11.5%)	0 (0.0%)	7 (8.0%)
	未記入	68 (13.8%)	0 (0.0%)	14 (18.2%)	12 (14.5%)	23 (18.5%)	7 (7.4%)	10 (16.4%)	2 (7.4%)	12 (13.6%)
	人数(人)	426	28	63	71	101	87	51	25	76
	平均	20.0	16.4	16.6	19.7	21.5	23.5	21.0	13.2	18.4
	標準偏差	11.7	9.4	7.7	8.6	10.7	14.2	16.2	6.8	14.3
女性	総数	140 (100.0%)	24 (100.0%)	45 (100.0%)	26 (100.0%)	20 (100.0%)	14 (100.0%)	8 (100.0%)	3 (100.0%)	11 (100.0%)
	10本未満	29 (20.7%)	4 (16.7%)	9 (20.0%)	5 (19.2%)	3 (15.0%)	5 (35.7%)	2 (25.0%)	1 (33.3%)	3 (27.3%)
	10~20本未満	49 (35.0%)	8 (33.3%)	15 (33.3%)	7 (26.9%)	9 (45.0%)	6 (42.9%)	4 (50.0%)	0 (0.0%)	4 (36.4%)
	20~30本未満	22 (15.7%)	3 (12.5%)	6 (13.3%)	6 (23.1%)	4 (20.0%)	2 (14.3%)	0 (0.0%)	1 (33.3%)	1 (9.1%)
	30~40本未満	4 (2.9%)	0 (0.0%)	0 (0.0%)	2 (7.7%)	0 (0.0%)	1 (7.1%)	1 (12.5%)	0 (0.0%)	1 (9.1%)
	40本以上	3 (2.1%)	0 (0.0%)	0 (0.0%)	1 (3.8%)	2 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	未記入	33 (23.6%)	9 (37.5%)	15 (33.3%)	5 (19.2%)	2 (10.0%)	0 (0.0%)	1 (12.5%)	1 (33.3%)	2 (18.2%)
	人数(人)	107	15	30	21	18	14	7	2	9
	平均	18.5	14.5	14.7	18.8	20.5	21.7	19.9	13.1	12.0
	標準偏差	11.5	8.6	7.6	9.0	11.0	14.1	15.7	6.8	8.6

\*母数は「合計100本以上、または6ヶ月以上吸っている(た)」「吸ったことはあるが合計100本未満で6ヶ月未満である」と回答した者

表103 現在習慣的に喫煙している人

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	709 (100.0%)	53 (100.0%)	104 (100.0%)	115 (100.0%)	159 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	なし	473 (66.7%)	30 (56.6%)	49 (47.1%)	69 (60.0%)	104 (65.4%)	99 (73.9%)	85 (83.3%)	37 (88.1%)	122 (84.7%)
	あり	236 (33.3%)	23 (43.4%)	55 (52.9%)	46 (40.0%)	55 (34.6%)	35 (26.1%)	17 (16.7%)	5 (11.9%)	22 (15.3%)
女性	総数	815 (100.0%)	78 (100.0%)	132 (100.0%)	112 (100.0%)	153 (100.0%)	151 (100.0%)	117 (100.0%)	72 (100.0%)	189 (100.0%)
	なし	758 (93.0%)	69 (88.5%)	116 (87.9%)	100 (89.3%)	142 (92.8%)	146 (96.7%)	113 (96.6%)	72 (100.0%)	185 (97.9%)
	あり	57 (7.0%)	9 (11.5%)	16 (12.1%)	12 (10.7%)	11 (7.2%)	5 (3.3%)	4 (3.4%)	0 (0.0%)	4 (2.1%)

\*現在習慣的に喫煙している人とは、これまでに総数100本以上また6ヶ月以上たばこを吸っている者のうち、「この1ヶ月間でも毎日または時々煙草を吸っている」と回答した者。

表104-1 問35-2-3 たばこを習慣的に吸うようになったのは何歳ですか(男性)

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
	総数	494	28	77	83	124	94	61	27	88
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
男性	12歳	1	0	0	0	0	1	0	0	0
		(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)	(0.0%)	(0.0%)
	13歳	2	1	0	1	0	0	0	0	0
		(0.4%)	(3.6%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	14歳	2	2	0	0	0	0	0	0	0
		(0.4%)	(7.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	15歳	9	3	2	2	0	1	0	1	1
		(1.8%)	(10.7%)	(2.6%)	(2.4%)	(0.0%)	(1.1%)	(0.0%)	(3.7%)	(1.1%)
	16歳	11	0	1	2	3	2	2	1	3
		(2.2%)	(0.0%)	(1.3%)	(2.4%)	(2.4%)	(2.1%)	(3.3%)	(3.7%)	(3.4%)
	17歳	7	1	0	1	2	2	1	0	1
		(1.4%)	(3.6%)	(0.0%)	(1.2%)	(1.6%)	(2.1%)	(1.6%)	(0.0%)	(1.1%)
	18歳	57	3	9	18	10	11	6	0	6
		(11.5%)	(10.7%)	(11.7%)	(21.7%)	(8.1%)	(11.7%)	(9.8%)	(0.0%)	(6.8%)
	19歳	18	1	3	2	3	7	2	0	2
		(3.6%)	(3.6%)	(3.9%)	(2.4%)	(2.4%)	(7.4%)	(3.3%)	(0.0%)	(2.3%)
20歳	256	16	42	40	73	47	27	11	38	
	(51.8%)	(57.1%)	(54.5%)	(48.2%)	(58.9%)	(50.0%)	(44.3%)	(40.7%)	(43.2%)	
21歳	17	0	2	2	3	4	2	4	6	
	(3.4%)	(0.0%)	(2.6%)	(2.4%)	(2.4%)	(4.3%)	(3.3%)	(14.8%)	(6.8%)	
22歳	18	0	2	1	4	5	3	3	6	
	(3.6%)	(0.0%)	(2.6%)	(1.2%)	(3.2%)	(5.3%)	(4.9%)	(11.1%)	(6.8%)	
23歳	6	0	1	3	0	1	1	0	1	
	(1.2%)	(0.0%)	(1.3%)	(3.6%)	(0.0%)	(1.1%)	(1.6%)	(0.0%)	(1.1%)	
24歳	1	0	0	0	0	0	1	0	1	
	(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.6%)	(0.0%)	(1.1%)	
25~29歳	21	0	1	1	3	8	5	3	8	
	(4.3%)	(0.0%)	(1.3%)	(1.2%)	(2.4%)	(8.5%)	(8.2%)	(11.1%)	(9.1%)	
30歳以上	11	0	0	2	3	1	4	1	5	
	(2.2%)	(0.0%)	(0.0%)	(2.4%)	(2.4%)	(1.1%)	(6.6%)	(3.7%)	(5.7%)	
未記入	57	1	14	8	20	4	7	3	10	
	(11.5%)	(3.6%)	(18.2%)	(9.6%)	(16.1%)	(4.3%)	(11.5%)	(11.1%)	(11.4%)	
20歳未満(再掲)	107	11	15	26	18	24	11	2	13	
	(21.7%)	(39.3%)	(19.5%)	(31.3%)	(14.5%)	(25.5%)	(18.0%)	(7.4%)	(14.8%)	

\*母数は「合計100本以上、または6ヶ月以上吸っている(た)」「吸ったことはあるが合計100本未満で6ヶ月未満である」と回答した者



表104-2 問35-2-3 たばこを習慣的に吸うようになったのは何歳ですか(女性)

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
女性	総数	140 (100.0%)	24 (100.0%)	45 (100.0%)	26 (100.0%)	20 (100.0%)	14 (100.0%)	8 (100.0%)	3 (100.0%)	11 (100.0%)
	12歳	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	13歳	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	14歳	1 (0.7%)	1 (4.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	15歳	1 (0.7%)	0 (0.0%)	1 (2.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	16歳	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	17歳	2 (1.4%)	2 (8.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	18歳	9 (6.4%)	1 (4.2%)	3 (6.7%)	1 (3.8%)	2 (10.0%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	19歳	6 (4.3%)	3 (12.5%)	1 (2.2%)	1 (3.8%)	1 (5.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	20歳	44 (31.4%)	5 (20.8%)	16 (35.6%)	10 (38.5%)	8 (40.0%)	3 (21.4%)	2 (25.0%)	0 (0.0%)	2 (18.2%)
	21歳	8 (5.7%)	3 (12.5%)	2 (4.4%)	1 (3.8%)	1 (5.0%)	1 (7.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	22歳	5 (3.6%)	2 (8.3%)	0 (0.0%)	2 (7.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (9.1%)
	23歳	3 (2.1%)	0 (0.0%)	1 (2.2%)	1 (3.8%)	1 (5.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	24歳	2 (1.4%)	0 (0.0%)	1 (2.2%)	0 (0.0%)	1 (5.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	25~29歳	9 (6.4%)	0 (0.0%)	3 (6.7%)	2 (7.7%)	2 (10.0%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	2 (18.2%)
	30歳以上	21 (15.0%)	0 (0.0%)	4 (8.9%)	2 (7.7%)	1 (5.0%)	8 (57.1%)	4 (50.0%)	2 (66.7%)	6 (54.5%)
	未記入	29 (20.7%)	7 (29.2%)	13 (28.9%)	6 (23.1%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	20歳未満(再掲)	19 (13.6%)	7 (29.2%)	5 (11.1%)	2 (7.7%)	3 (15.0%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\* 母数は「合計100本以上、または6ヶ月以上吸っている(た)」「吸ったことはあるが合計100本未満で6ヶ月未満である」と回答した者

表105 問35-2-4 たばこをやめたいと思いますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	494 (100.0%)	28 (100.0%)	77 (100.0%)	83 (100.0%)	124 (100.0%)	94 (100.0%)	61 (100.0%)	27 (100.0%)	88 (100.0%)
	やめたい	80 (16.2%)	8 (28.6%)	15 (19.5%)	24 (28.9%)	18 (14.5%)	9 (9.6%)	4 (6.6%)	2 (7.4%)	6 (6.8%)
	本数を減らしたい	83 (16.8%)	8 (28.6%)	16 (20.8%)	14 (16.9%)	21 (16.9%)	17 (18.1%)	6 (9.8%)	1 (3.7%)	7 (8.0%)
	やめたくない	34 (6.9%)	1 (3.6%)	9 (11.7%)	6 (7.2%)	10 (8.1%)	4 (4.3%)	4 (6.6%)	0 (0.0%)	4 (4.5%)
	考えたことがない	52 (10.5%)	8 (28.6%)	14 (18.2%)	6 (7.2%)	11 (8.9%)	7 (7.4%)	4 (6.6%)	2 (7.4%)	6 (6.8%)
	未記入	245 (49.6%)	3 (10.7%)	23 (29.9%)	33 (39.8%)	64 (51.6%)	57 (60.6%)	43 (70.5%)	22 (81.5%)	65 (73.9%)
女性	総数	140 (100.0%)	24 (100.0%)	45 (100.0%)	26 (100.0%)	20 (100.0%)	14 (100.0%)	8 (100.0%)	3 (100.0%)	11 (100.0%)
	やめたい	21 (15.0%)	4 (16.7%)	9 (20.0%)	3 (11.5%)	2 (10.0%)	1 (7.1%)	2 (25.0%)	0 (0.0%)	2 (18.2%)
	本数を減らしたい	21 (15.0%)	2 (8.3%)	7 (15.6%)	3 (11.5%)	6 (30.0%)	2 (14.3%)	1 (12.5%)	0 (0.0%)	1 (9.1%)
	やめたくない	7 (5.0%)	2 (8.3%)	0 (0.0%)	2 (7.7%)	0 (0.0%)	2 (14.3%)	1 (12.5%)	0 (0.0%)	1 (9.1%)
	考えたことがない	12 (8.6%)	3 (12.5%)	3 (6.7%)	3 (11.5%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	未記入	79 (56.4%)	13 (54.2%)	26 (57.8%)	15 (57.7%)	9 (45.0%)	9 (64.3%)	4 (50.0%)	3 (100.0%)	7 (63.6%)

\* 母数は「合計100本以上、または6ヶ月以上吸っている(た)」「吸ったことはあるが合計100本未満で6ヶ月未満である」と回答した者

表106 問36 週に何日お酒(アルコール)を飲みますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	699 (100.0%)	50 (100.0%)	103 (100.0%)	113 (100.0%)	156 (100.0%)	134 (100.0%)	101 (100.0%)	42 (100.0%)	143 (100.0%)
	週に1日以上	396 (56.7%)	17 (34.0%)	51 (49.5%)	72 (63.7%)	99 (63.5%)	90 (67.2%)	52 (51.5%)	15 (35.7%)	67 (46.9%)
	週に1日未満	42 (6.0%)	5 (10.0%)	14 (13.6%)	5 (4.4%)	9 (5.8%)	6 (4.5%)	3 (3.0%)	0 (0.0%)	3 (2.1%)
	ほとんど飲まない	261 (37.3%)	28 (56.0%)	38 (36.9%)	36 (31.9%)	48 (30.8%)	38 (28.4%)	46 (45.5%)	27 (64.3%)	73 (51.0%)
	週1~2日(再掲)	66 (9.4%)	7 (14.0%)	11 (10.7%)	19 (16.8%)	14 (9.0%)	8 (6.0%)	6 (5.9%)	1 (2.4%)	7 (4.9%)
	週3~4日(再掲)	53 (7.6%)	5 (10.0%)	13 (12.6%)	8 (7.1%)	7 (4.5%)	12 (9.0%)	5 (5.0%)	3 (7.1%)	8 (5.6%)
	週5~6日(再掲)	82 (11.7%)	4 (8.0%)	12 (11.7%)	17 (15.0%)	19 (12.2%)	19 (14.2%)	9 (8.9%)	2 (4.8%)	11 (7.7%)
	週7日(再掲)	194 (27.8%)	1 (2.0%)	15 (14.6%)	28 (24.8%)	59 (37.8%)	50 (37.3%)	32 (31.7%)	9 (21.4%)	41 (28.7%)
	総数	808 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	151 (100.0%)	148 (100.0%)	117 (100.0%)	71 (100.0%)	188 (100.0%)
	女性	週に1日以上	135 (16.7%)	14 (17.9%)	26 (19.7%)	30 (27.0%)	26 (17.2%)	26 (17.6%)	6 (5.1%)	7 (9.9%)
週に1日未満		56 (6.9%)	10 (12.8%)	16 (12.1%)	10 (9.0%)	11 (7.3%)	5 (3.4%)	3 (2.6%)	1 (1.4%)	4 (2.1%)
ほとんど飲まない		617 (76.4%)	54 (69.2%)	90 (68.2%)	71 (64.0%)	114 (75.5%)	117 (79.1%)	108 (92.3%)	63 (88.7%)	171 (91.0%)
週1~2日(再掲)		45 (5.6%)	8 (10.3%)	5 (3.8%)	9 (8.1%)	9 (6.0%)	11 (7.4%)	2 (1.7%)	1 (1.4%)	3 (1.6%)
週3~4日(再掲)		26 (3.2%)	4 (5.1%)	6 (4.5%)	5 (4.5%)	5 (3.3%)	4 (2.7%)	0 (0.0%)	2 (2.8%)	2 (1.1%)
週5~6日(再掲)		33 (4.1%)	1 (1.3%)	9 (6.8%)	8 (7.2%)	7 (4.6%)	6 (4.1%)	1 (0.9%)	1 (1.4%)	2 (1.1%)
週7日(再掲)		31 (3.8%)	1 (1.3%)	6 (4.5%)	8 (7.2%)	5 (3.3%)	5 (3.4%)	3 (2.6%)	3 (4.2%)	6 (3.2%)

\* 60~69歳代男性で「週1日以上」に○を付けていて日数未記入の者が1人あったため再掲の合計が「週に1日以上」と一致しない

表107 問36-2 飲む日1日当たりの純アルコール摂取量(ml)の平均値と標準偏差

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上	
男性	週1回以上	人数(人)	396	17	51	72	99	90	52	15	67
		平均(ml)	40.0	43.0	41.4	41.3	43.6	40.8	28.9	34.9	30.2
		標準偏差(ml)	27.7	51.0	32.6	26.6	26.7	24.2	20.5	20.1	20.4
	週1回未満	人数(人)	42	5	14	5	9	6	3	0	3
		平均(ml)	42.2	69.5	45.6	49.7	35.0	28.7	17.8	—	17.8
		標準偏差(ml)	47.3	82.7	44.0	72.0	33.5	18.4	6.5	—	6.5
総数	人数(人)	438	22	65	77	108	96	55	15	70	
	平均(ml)	40.2	49.0	42.3	41.8	42.9	40.0	28.3	34.9	29.7	
	標準偏差(ml)	30.0	58.5	35.0	30.7	27.3	23.9	20.1	20.1	20.1	
女性	週1回以上	人数(人)	135	14	26	30	26	26	6	7	13
		平均(ml)	23.1	30.7	24.4	26.5	20.0	18.2	23.7	18.3	20.8
		標準偏差(ml)	15.9	23.1	17.3	18.1	10.9	10.7	15.1	12.1	13.2
	週1回未満	人数(人)	56	10	16	10	11	5	3	1	4
		平均(ml)	25.7	43.8	31.5	15.1	18.7	15.2	14.0	20.6	15.7
		標準偏差(ml)	24.9	34.6	33.1	2.1	6.4	2.7	0.0	—	3.3
	総数	人数(人)	191	24	42	40	37	31	9	8	17
		平均(ml)	23.9	36.2	27.1	23.7	19.6	17.7	20.5	18.6	19.6
		標準偏差(ml)	19.0	28.6	24.4	16.4	9.7	9.8	12.9	11.2	11.8

\* 母数は「週に1日以上」「週1回未満」と回答した者

表108 「週に1日以上」飲酒する者の1日平均飲酒量(日本酒換算)の分布

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	396	17	51	72	99	90	52	15	67
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	1合未満	116	7	16	19	23	24	24	3	27
		(29.3%)	(41.2%)	(31.4%)	(26.4%)	(23.2%)	(26.7%)	(46.2%)	(20.0%)	(40.3%)
	1~2合未満	135	5	21	24	35	27	16	7	23
		(34.1%)	(29.4%)	(41.2%)	(33.3%)	(35.4%)	(30.0%)	(30.8%)	(46.7%)	(34.3%)
	2~3合未満	82	2	3	16	23	24	10	4	14
		(20.7%)	(11.8%)	(5.9%)	(22.2%)	(23.2%)	(26.7%)	(19.2%)	(26.7%)	(20.9%)
3~4合未満	36	2	5	7	10	11	0	1	1	
	(9.1%)	(11.8%)	(9.8%)	(9.7%)	(10.1%)	(12.2%)	(0.0%)	(6.7%)	(1.5%)	
4~5合未満	18	0	3	4	6	3	2	0	2	
	(4.5%)	(0.0%)	(5.9%)	(5.6%)	(6.1%)	(3.3%)	(3.8%)	(0.0%)	(3.0%)	
5合以上	9	1	3	2	2	1	0	0	0	
	(2.3%)	(5.9%)	(5.9%)	(2.8%)	(2.0%)	(1.1%)	(0.0%)	(0.0%)	(0.0%)	
女性	総数	135	14	26	30	26	26	6	7	13
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	1合未満	80	8	16	16	16	17	4	3	7
		(59.3%)	(57.1%)	(61.5%)	(53.3%)	(61.5%)	(65.4%)	(66.7%)	(42.9%)	(53.8%)
	1~2合未満	39	2	7	9	9	8	0	4	4
		(28.9%)	(14.3%)	(26.9%)	(30.0%)	(34.6%)	(30.8%)	(0.0%)	(57.1%)	(30.8%)
	2~3合未満	12	2	2	4	1	1	2	0	2
		(8.9%)	(14.3%)	(7.7%)	(13.3%)	(3.8%)	(3.8%)	(33.3%)	(0.0%)	(15.4%)
3~4合未満	4	2	1	1	0	0	0	0	0	
	(3.0%)	(14.3%)	(3.8%)	(3.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
4~5合未満	0	0	0	0	0	0	0	0	0	
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
5合以上	0	0	0	0	0	0	0	0	0	
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	

\*母数は「週に1日以上」と回答した者

表109 飲酒習慣のある者の割合

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	「週に何日お酒を飲みますか」に回答した者	699	50	103	113	156	134	101	42	143
	飲酒習慣あり	242	5	30	43	67	61	25	11	36
		(34.6%)	(10.0%)	(29.1%)	(38.1%)	(42.9%)	(45.5%)	(24.8%)	(26.2%)	(25.2%)
女性	「週に何日お酒を飲みますか」に回答した者	808	78	132	111	151	148	117	71	188
	飲酒習慣あり	38	1	9	12	5	6	2	3	5
		(4.7%)	(1.3%)	(6.8%)	(10.8%)	(3.3%)	(4.1%)	(1.7%)	(4.2%)	(2.7%)

\*飲酒習慣ありとは週3日以上、1回日本換算して1合以上の者

\*母数は「週に何日お酒を飲みますか」に回答した者

表110 多量飲酒者の割合

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	「週に何日お酒を飲みますか」に回答した者	699	50	103	113	156	134	101	42	143
	多量飲酒者	53	2	10	12	14	12	2	1	3
		(7.6%)	(4.0%)	(9.7%)	(10.6%)	(9.0%)	(9.0%)	(2.0%)	(2.4%)	(2.1%)
女性	「週に何日お酒を飲みますか」に回答した者	808	78	132	111	151	148	117	71	188
	多量飲酒者	2	0	1	1	0	0	0	0	0
		(0.2%)	(0.0%)	(0.8%)	(0.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)

\*多量飲酒者とは週に1日以上、または週に1回未満の飲酒者で1回当たりの飲酒するアルコール量を日本酒換算し、次のいずれかに該当する者

- ① 飲酒日1日当たりの飲酒量が5合以上
- ② 飲酒日1日当たりの飲酒量が4合以上5合未満で、飲酒の頻度が週5日以上
- ③ 飲酒日1日当たりの飲酒量が3合以上4合未満で、飲酒の頻度が毎日

【アルコール量の求め方】

アルコール度数(容量%) × 容量(ml) × アルコール比重(0.8) = アルコール量(g)

【アルコール量の日本酒換算の方法】

アルコール量(g) ÷ アルコール比重(0.8) ÷ 日本酒のアルコール度数(15%) ÷ 1合(180ml)

= アルコールの量の日本酒換算



表111 問36-3 休肝日を週何日設けていますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	438 (100.0%)	22 (100.0%)	65 (100.0%)	77 (100.0%)	108 (100.0%)	96 (100.0%)	55 (100.0%)	15 (100.0%)	70 (100.0%)
	連続した2日を含む2日以上設けている	89 (20.3%)	11 (50.0%)	19 (29.2%)	16 (20.8%)	16 (14.8%)	17 (17.7%)	6 (10.9%)	4 (26.7%)	10 (14.3%)
	連続していないが2日以上設けている	52 (11.9%)	3 (13.6%)	11 (16.9%)	12 (15.6%)	8 (7.4%)	12 (12.5%)	5 (9.1%)	1 (6.7%)	6 (8.6%)
	週1日設けている	57 (13.0%)	2 (9.1%)	7 (10.8%)	11 (14.3%)	15 (13.9%)	10 (10.4%)	11 (20.0%)	1 (6.7%)	12 (17.1%)
	休肝日は設けていない	234 (53.4%)	6 (27.3%)	28 (43.1%)	36 (46.8%)	67 (62.0%)	56 (58.3%)	32 (58.2%)	9 (60.0%)	41 (58.6%)
	未記入	6 (1.4%)	0 (0.0%)	0 (0.0%)	2 (2.6%)	2 (1.9%)	1 (1.0%)	1 (1.8%)	0 (0.0%)	1 (1.4%)
女性	総数	191 (100.0%)	24 (100.0%)	42 (100.0%)	40 (100.0%)	37 (100.0%)	31 (100.0%)	9 (100.0%)	8 (100.0%)	17 (100.0%)
	連続した2日を含む2日以上設けている	70 (36.6%)	12 (50.0%)	15 (35.7%)	16 (40.0%)	8 (21.6%)	12 (38.7%)	5 (55.6%)	2 (25.0%)	7 (41.2%)
	連続していないが2日以上設けている	46 (24.1%)	5 (20.8%)	14 (33.3%)	7 (17.5%)	11 (29.7%)	9 (29.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	週1日設けている	26 (13.6%)	2 (8.3%)	6 (14.3%)	7 (17.5%)	7 (18.9%)	2 (6.5%)	0 (0.0%)	2 (25.0%)	2 (11.8%)
	休肝日は設けていない	46 (24.1%)	5 (20.8%)	7 (16.7%)	10 (25.0%)	9 (24.3%)	7 (22.6%)	4 (44.4%)	4 (50.0%)	8 (47.1%)
	未記入	3 (1.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (5.4%)	1 (3.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\*母数は「週1回以上」「週1日未満」飲酒していると回答した者

表112 問37 過去1年間に、健診(健康診断や健康診査)や人間ドックを受けたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	703 (100.0%)	51 (100.0%)	103 (100.0%)	114 (100.0%)	157 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	ある	480 (68.3%)	23 (45.1%)	75 (72.8%)	89 (78.1%)	117 (74.5%)	94 (70.1%)	59 (57.8%)	23 (54.8%)	82 (56.9%)
	ない	223 (31.7%)	28 (54.9%)	28 (27.2%)	25 (21.9%)	40 (25.5%)	40 (29.9%)	43 (42.2%)	19 (45.2%)	62 (43.1%)
女性	総数	809 (100.0%)	78 (100.0%)	130 (100.0%)	111 (100.0%)	153 (100.0%)	149 (100.0%)	117 (100.0%)	71 (100.0%)	188 (100.0%)
	ある	448 (55.4%)	38 (48.7%)	49 (37.7%)	61 (55.0%)	106 (69.3%)	93 (62.4%)	73 (62.4%)	28 (39.4%)	101 (53.7%)
	ない	361 (44.6%)	40 (51.3%)	81 (62.3%)	50 (45.0%)	47 (30.7%)	56 (37.6%)	44 (37.6%)	43 (60.6%)	87 (46.3%)

表113 問37-2 健診の結果指摘を受けましたか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	480 (100.0%)	23 (100.0%)	75 (100.0%)	89 (100.0%)	117 (100.0%)	94 (100.0%)	59 (100.0%)	23 (100.0%)	82 (100.0%)
	はい	264 (55.0%)	2 (8.7%)	24 (32.0%)	48 (53.9%)	71 (60.7%)	64 (68.1%)	41 (69.5%)	14 (60.9%)	55 (67.1%)
	いいえ	215 (44.8%)	21 (91.3%)	51 (68.0%)	41 (46.1%)	45 (38.5%)	30 (31.9%)	18 (30.5%)	9 (39.1%)	27 (32.9%)
	未記入	1 (0.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (0.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
女性	総数	448 (100.0%)	38 (100.0%)	49 (100.0%)	61 (100.0%)	106 (100.0%)	93 (100.0%)	73 (100.0%)	28 (100.0%)	101 (100.0%)
	はい	203 (45.3%)	4 (10.5%)	9 (18.4%)	14 (23.0%)	59 (55.7%)	58 (62.4%)	40 (54.8%)	19 (67.9%)	59 (58.4%)
	いいえ	243 (54.2%)	34 (89.5%)	40 (81.6%)	47 (77.0%)	46 (43.4%)	34 (36.6%)	33 (45.2%)	9 (32.1%)	42 (41.6%)
	未記入	2 (0.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (0.9%)	1 (1.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\*母数は「健診を受けたことがある」と回答した者



表114 問372-2-2 どのようなことについて指摘を受けましたか(複数回答)

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	過去1年間に健診を受けたことがある者	480	23	75	89	117	94	59	23	82
	肥満	74 (15.4%)	1 (4.3%)	9 (12.0%)	20 (22.5%)	21 (17.9%)	13 (13.8%)	10 (16.9%)	0 (0.0%)	10 (12.2%)
	高血圧症	133 (27.7%)	0 (0.0%)	6 (8.0%)	12 (13.5%)	44 (37.6%)	31 (33.0%)	29 (49.2%)	11 (47.8%)	40 (48.8%)
	糖尿病	53 (11.0%)	0 (0.0%)	0 (0.0%)	10 (11.2%)	16 (13.7%)	16 (17.0%)	7 (11.9%)	4 (17.4%)	11 (13.4%)
	脂質異常症	143 (29.8%)	1 (4.3%)	20 (26.7%)	36 (40.4%)	36 (30.8%)	35 (37.2%)	12 (20.3%)	3 (13.0%)	15 (18.3%)
女性	過去1年間に健診を受けたことがある者	448	38	49	61	106	93	73	28	101
	肥満	49 (10.9%)	1 (2.6%)	5 (10.2%)	5 (8.2%)	16 (15.1%)	11 (11.8%)	7 (9.6%)	4 (14.3%)	11 (10.9%)
	高血圧症	72 (16.1%)	0 (0.0%)	0 (0.0%)	1 (1.6%)	12 (11.3%)	22 (23.7%)	23 (31.5%)	14 (50.0%)	37 (36.6%)
	糖尿病	22 (4.9%)	0 (0.0%)	0 (0.0%)	1 (1.6%)	3 (2.8%)	7 (7.5%)	10 (13.7%)	1 (3.6%)	11 (10.9%)
	脂質異常症	120 (26.8%)	3 (7.9%)	4 (8.2%)	12 (19.7%)	44 (41.5%)	34 (36.6%)	16 (21.9%)	7 (25.0%)	23 (22.8%)

\*母数は「健診を受けたことがある」と回答した者

表115 問37-2-3 指摘を受けたことについて保健指導を受けましたか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	264 (100.0%)	2 (100.0%)	24 (100.0%)	48 (100.0%)	71 (100.0%)	64 (100.0%)	41 (100.0%)	14 (100.0%)	55 (100.0%)
	はい	161 (61.0%)	1 (50.0%)	10 (41.7%)	26 (54.2%)	50 (70.4%)	43 (67.2%)	21 (51.2%)	10 (71.4%)	31 (56.4%)
	いいえ	103 (39.0%)	1 (50.0%)	14 (58.3%)	22 (45.8%)	21 (29.6%)	21 (32.8%)	20 (48.8%)	4 (28.6%)	24 (43.6%)
	未記入	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
女性	総数	203 (100.0%)	4 (100.0%)	9 (100.0%)	14 (100.0%)	59 (100.0%)	58 (100.0%)	40 (100.0%)	19 (100.0%)	59 (100.0%)
	はい	99 (48.8%)	0 (0.0%)	0 (0.0%)	6 (42.9%)	27 (45.8%)	32 (55.2%)	24 (60.0%)	10 (52.6%)	34 (57.6%)
	いいえ	102 (50.2%)	4 (100.0%)	9 (100.0%)	8 (57.1%)	32 (54.2%)	24 (41.4%)	16 (40.0%)	9 (47.4%)	25 (42.4%)
	未記入	2 (1.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (3.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\*母数は「肥満」「高血圧症」「糖尿病」「脂質異常症」について指摘を受けたと回答した者

\*女性60歳代で1人指導を受けた項目に未記入があったため、指摘を受けた者と総数が一致しない

表116 問37-2-3(付問) 指導された内容についてどの程度実行されていますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	161 (100.0%)	1 (100.0%)	10 (100.0%)	26 (100.0%)	50 (100.0%)	43 (100.0%)	21 (100.0%)	10 (100.0%)	31 (100.0%)
	おおむね実行できている	66 (41.0%)	1 (100.0%)	1 (10.0%)	8 (30.8%)	19 (38.0%)	22 (51.2%)	7 (33.3%)	8 (80.0%)	15 (48.4%)
	一部実行できている	71 (44.1%)	0 (0.0%)	4 (40.0%)	11 (42.3%)	24 (48.0%)	19 (44.2%)	12 (57.1%)	1 (10.0%)	13 (41.9%)
	実行していない	24 (14.9%)	0 (0.0%)	5 (50.0%)	7 (26.9%)	7 (14.0%)	2 (4.7%)	2 (9.5%)	1 (10.0%)	3 (9.7%)
女性	総数	99 (100.0%)	0 (-)	0 (-)	6 (100.0%)	27 (100.0%)	32 (100.0%)	24 (100.0%)	10 (100.0%)	34 (100.0%)
	おおむね実行できている	51 (51.5%)	0 (-)	0 (-)	2 (33.3%)	11 (40.7%)	15 (46.9%)	16 (66.7%)	7 (70.0%)	23 (67.6%)
	一部実行できている	44 (44.4%)	0 (-)	0 (-)	3 (50.0%)	15 (55.6%)	15 (46.9%)	8 (33.3%)	3 (30.0%)	11 (32.4%)
	実行していない	4 (4.0%)	0 (-)	0 (-)	1 (16.7%)	1 (3.7%)	2 (6.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\*母数は「指摘を受けたことについて保健指導を受けた」者

表117 問37-2-4 最終的に医療機関を受診するように勧められましたか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	264 (100.0%)	2 (100.0%)	24 (100.0%)	48 (100.0%)	71 (100.0%)	64 (100.0%)	41 (100.0%)	14 (100.0%)	55 (100.0%)
	はい	111 (42.0%)	0 (0.0%)	2 (8.3%)	17 (35.4%)	37 (52.1%)	32 (50.0%)	14 (34.1%)	9 (64.3%)	23 (41.8%)
	いいえ	54 (20.5%)	1 (50.0%)	8 (33.3%)	10 (20.8%)	14 (19.7%)	13 (20.3%)	6 (14.6%)	2 (14.3%)	8 (14.5%)
	未記入	99 (37.5%)	1 (50.0%)	14 (58.3%)	21 (43.8%)	20 (28.2%)	19 (29.7%)	21 (51.2%)	3 (21.4%)	24 (43.6%)
女性	総数	203 (100.0%)	4 (100.0%)	9 (100.0%)	14 (100.0%)	59 (100.0%)	58 (100.0%)	40 (100.0%)	19 (100.0%)	59 (100.0%)
	はい	69 (34.0%)	0 (0.0%)	0 (0.0%)	2 (14.3%)	15 (25.4%)	26 (44.8%)	20 (50.0%)	6 (31.6%)	26 (44.1%)
	いいえ	38 (18.7%)	0 (0.0%)	0 (0.0%)	5 (35.7%)	14 (23.7%)	8 (13.8%)	6 (15.0%)	5 (26.3%)	11 (18.6%)
	未記入	96 (47.3%)	4 (100.0%)	9 (100.0%)	7 (50.0%)	30 (50.8%)	24 (41.4%)	14 (35.0%)	8 (42.1%)	22 (37.3%)

\*母数は「健診の結果指摘を受けた」者

表118 問37-2-4(付問) その後、医療機関に受診しましたか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	111 (100.0%)	0 —	2 (100.0%)	17 (100.0%)	37 (100.0%)	32 (100.0%)	14 (100.0%)	9 (100.0%)	23 (100.0%)
	はい	103 (92.8%)	0 —	1 (50.0%)	14 (82.4%)	35 (94.6%)	31 (96.9%)	13 (92.9%)	9 (100.0%)	22 (95.7%)
	いいえ	8 (7.2%)	0 —	1 (50.0%)	3 (17.6%)	2 (5.4%)	1 (3.1%)	1 (7.1%)	0 (0.0%)	1 (4.3%)
	未記入	0 (0.0%)	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
女性	総数	69 (100.0%)	0 —	0 —	2 (100.0%)	15 (100.0%)	26 (100.0%)	20 (100.0%)	6 (100.0%)	26 (100.0%)
	はい	62 (89.9%)	0 —	0 —	1 (50.0%)	12 (80.0%)	25 (96.2%)	18 (90.0%)	6 (100.0%)	24 (92.3%)
	いいえ	6 (8.7%)	0 —	0 —	1 (50.0%)	3 (20.0%)	1 (3.8%)	1 (5.0%)	0 (0.0%)	1 (3.8%)
	未記入	1 (1.4%)	0 —	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.0%)	0 (0.0%)	1 (3.8%)

\*母数は「最終的に医療機関を受診するように勧められた」者

表119 問38 これまでに医師から高血圧症と言われたことがありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	702 (100.0%)	51 (100.0%)	103 (100.0%)	114 (100.0%)	156 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	ある	192 (27.4%)	1 (2.0%)	3 (2.9%)	17 (14.9%)	51 (32.7%)	53 (39.6%)	47 (46.1%)	20 (47.6%)	67 (46.5%)
	ない	510 (72.6%)	50 (98.0%)	100 (97.1%)	97 (85.1%)	105 (67.3%)	81 (60.4%)	55 (53.9%)	22 (52.4%)	77 (53.5%)
女性	総数	810 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	153 (100.0%)	148 (100.0%)	117 (100.0%)	71 (100.0%)	188 (100.0%)
	ある	181 (22.3%)	0 (0.0%)	2 (1.5%)	6 (5.4%)	25 (16.3%)	53 (35.8%)	50 (42.7%)	45 (63.4%)	95 (50.5%)
	ない	629 (77.7%)	78 (100.0%)	130 (98.5%)	105 (94.6%)	128 (83.7%)	95 (64.2%)	67 (57.3%)	26 (36.6%)	93 (49.5%)

表120 問38-2 高血圧症の治療を受けたことがありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	192 (100.0%)	1 (100.0%)	3 (100.0%)	17 (100.0%)	51 (100.0%)	53 (100.0%)	47 (100.0%)	20 (100.0%)	67 (100.0%)
	現在受けている	150 (78.1%)	0 (0.0%)	0 (0.0%)	5 (29.4%)	40 (78.4%)	48 (90.6%)	40 (85.1%)	17 (85.0%)	57 (85.1%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	10 (5.2%)	0 (0.0%)	0 (0.0%)	4 (23.5%)	1 (2.0%)	4 (7.5%)	0 (0.0%)	1 (5.0%)	1 (1.5%)
	以前に受けたことがあるが、自己判断で現在は受けていない	11 (5.7%)	1 (100.0%)	1 (33.3%)	0 (0.0%)	2 (3.9%)	1 (1.9%)	4 (8.5%)	2 (10.0%)	6 (9.0%)
	ほとんど治療を受けたことがない	21 (10.9%)	0 (0.0%)	2 (66.7%)	8 (47.1%)	8 (15.7%)	0 (0.0%)	3 (6.4%)	0 (0.0%)	3 (4.5%)
	総数	181 (100.0%)	0 —	2 (100.0%)	6 (100.0%)	25 (100.0%)	53 (100.0%)	50 (100.0%)	45 (100.0%)	95 (100.0%)
女性	現在受けている	157 (86.7%)	0 —	0 (0.0%)	5 (83.3%)	19 (76.0%)	46 (86.8%)	46 (92.0%)	41 (91.1%)	87 (91.6%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	10 (5.5%)	0 —	1 (50.0%)	1 (16.7%)	2 (8.0%)	0 (0.0%)	2 (4.0%)	4 (8.9%)	6 (6.3%)
	以前に受けたことがあるが、自己判断で現在は受けていない	5 (2.8%)	0 —	0 (0.0%)	0 (0.0%)	3 (12.0%)	1 (1.9%)	1 (2.0%)	0 (0.0%)	1 (1.1%)
	ほとんど治療を受けたことがない	9 (5.0%)	0 —	1 (50.0%)	0 (0.0%)	1 (4.0%)	6 (11.3%)	1 (2.0%)	0 (0.0%)	1 (1.1%)
	総数	181 (100.0%)	0 —	2 (100.0%)	6 (100.0%)	25 (100.0%)	53 (100.0%)	50 (100.0%)	45 (100.0%)	95 (100.0%)

\*母数は「これまでに医師から高血圧症と言われたことがある」者

表121 問39 これまでに医師から脂質異常症(高脂血症)と言われたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	702	51	103	114	156	134	102	42	144
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	103	0	6	16	34	26	18	3	21
		(14.7%)	(0.0%)	(5.8%)	(14.0%)	(21.8%)	(19.4%)	(17.6%)	(7.1%)	(14.6%)
	ない	599	51	97	98	122	108	84	39	123
		(85.3%)	(100.0%)	(94.2%)	(86.0%)	(78.2%)	(80.6%)	(82.4%)	(92.9%)	(85.4%)
女性	総数	811	78	132	111	153	149	117	71	188
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	109	1	3	8	26	35	23	13	36
		(13.4%)	(1.3%)	(2.3%)	(7.2%)	(17.0%)	(23.5%)	(19.7%)	(18.3%)	(19.1%)
	ない	702	77	129	103	127	114	94	58	152
		(86.6%)	(98.7%)	(97.7%)	(92.8%)	(83.0%)	(76.5%)	(80.3%)	(81.7%)	(80.9%)

表122 問39-2 脂質異常症の治療を受けたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	103	0	6	16	34	26	18	3	21
		(100.0%)	—	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	現在受けている	40	0	0	4	13	12	9	2	11
		(38.8%)	—	(0.0%)	(25.0%)	(38.2%)	(46.2%)	(50.0%)	(66.7%)	(52.4%)
	以前に受けたことがあるが、医師の指示で 現在は受けていない(経過観察中含む)	12	0	0	2	3	6	0	1	1
		(11.7%)	—	(0.0%)	(12.5%)	(8.8%)	(23.1%)	(0.0%)	(33.3%)	(4.8%)
以前に受けたことがあるが、自己判断で 現在は受けていない	8	0	1	1	2	1	3	0	3	
	(7.8%)	—	(16.7%)	(6.3%)	(5.9%)	(3.8%)	(16.7%)	(0.0%)	(14.3%)	
ほとんど治療を受けたことがない	43	0	5	9	16	7	6	0	6	
	(41.7%)	—	(83.3%)	(56.3%)	(47.1%)	(26.9%)	(33.3%)	(0.0%)	(28.6%)	
女性	総数	109	1	3	8	26	35	23	13	36
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	現在受けている	47	0	0	1	8	14	14	10	24
		(43.1%)	(0.0%)	(0.0%)	(12.5%)	(30.8%)	(40.0%)	(60.9%)	(76.9%)	(66.7%)
	以前に受けたことがあるが、医師の指示で 現在は受けていない(経過観察中含む)	27	0	0	3	7	7	7	3	10
		(24.8%)	(0.0%)	(0.0%)	(37.5%)	(26.9%)	(20.0%)	(30.4%)	(23.1%)	(27.8%)
以前に受けたことがあるが、自己判断で 現在は受けていない	7	0	0	0	2	4	1	0	1	
	(6.4%)	(0.0%)	(0.0%)	(0.0%)	(7.7%)	(11.4%)	(4.3%)	(0.0%)	(2.8%)	
ほとんど治療を受けたことがない	28	1	3	4	9	10	1	0	1	
	(25.7%)	(100.0%)	(100.0%)	(50.0%)	(34.6%)	(28.6%)	(4.3%)	(0.0%)	(2.8%)	

\* 母数は「これまでに医師から脂質異常症と言われたことがある」者



表123 問40 これまでに医師から糖尿病と言われたことがありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	703 (100.0%)	51 (100.0%)	103 (100.0%)	114 (100.0%)	157 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	ある	75 (10.7%)	0 (0.0%)	0 (0.0%)	12 (10.5%)	20 (12.7%)	23 (17.2%)	14 (13.7%)	6 (14.3%)	20 (13.9%)
	ない	628 (89.3%)	51 (100.0%)	103 (100.0%)	102 (89.5%)	137 (87.3%)	111 (82.8%)	88 (86.3%)	36 (85.7%)	124 (86.1%)
女性	総数	810 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	153 (100.0%)	149 (100.0%)	116 (100.0%)	71 (100.0%)	187 (100.0%)
	ある	39 (4.8%)	0 (0.0%)	1 (0.8%)	2 (1.8%)	4 (2.6%)	12 (8.1%)	10 (8.6%)	10 (14.1%)	20 (10.7%)
	ない	771 (95.2%)	78 (100.0%)	131 (99.2%)	109 (98.2%)	149 (97.4%)	137 (91.9%)	106 (91.4%)	61 (85.9%)	167 (89.3%)

表124 問40-2 糖尿病の治療を受けたことがありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	75 (100.0%)	0 —	0 —	12 (100.0%)	20 (100.0%)	23 (100.0%)	14 (100.0%)	6 (100.0%)	20 (100.0%)
	現在受けている	52 (69.3%)	0 —	0 —	4 (33.3%)	15 (75.0%)	18 (78.3%)	10 (71.4%)	5 (83.3%)	15 (75.0%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	7 (9.3%)	0 —	0 —	3 (25.0%)	0 (0.0%)	1 (4.3%)	2 (14.3%)	1 (16.7%)	3 (15.0%)
	以前に受けたことがあるが、自己判断で現在は受けていない	4 (5.3%)	0 —	0 —	1 (8.3%)	1 (5.0%)	0 (0.0%)	2 (14.3%)	0 (0.0%)	2 (10.0%)
	ほとんど治療を受けたことがない	12 (16.0%)	0 —	0 —	4 (33.3%)	4 (20.0%)	4 (17.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
女性	総数	39 (100.0%)	0 —	1 (100.0%)	2 (100.0%)	4 (100.0%)	12 (100.0%)	10 (100.0%)	10 (100.0%)	20 (100.0%)
	現在受けている	33 (84.6%)	0 —	1 (100.0%)	1 (50.0%)	4 (100.0%)	11 (91.7%)	8 (80.0%)	8 (80.0%)	16 (80.0%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	0 (0.0%)	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	以前に受けたことがあるが、自己判断で現在は受けていない	3 (7.7%)	0 —	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (8.3%)	1 (10.0%)	0 (0.0%)	1 (5.0%)
	ほとんど治療を受けたことがない	3 (7.7%)	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	2 (20.0%)	3 (15.0%)

\*母数は「これまでに医師から糖尿病と言われたことがある」者

表125 問41 これまでに医師から虚血性心疾患(狭心症、心筋梗塞)と言われたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	702 (100.0%)	51 (100.0%)	103 (100.0%)	114 (100.0%)	156 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	ある	34 (4.8%)	0 (0.0%)	0 (0.0%)	4 (3.5%)	6 (3.8%)	11 (8.2%)	8 (7.8%)	5 (11.9%)	13 (9.0%)
	ない	668 (95.2%)	51 (96.2%)	103 (99.0%)	110 (95.7%)	150 (94.3%)	123 (91.8%)	94 (92.2%)	37 (88.1%)	131 (91.0%)
女性	総数	811 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	153 (100.0%)	149 (100.0%)	117 (100.0%)	71 (100.0%)	188 (100.0%)
	ある	28 (3.5%)	0 (0.0%)	0 (0.0%)	1 (0.9%)	3 (2.0%)	6 (4.0%)	7 (6.0%)	11 (15.5%)	18 (9.6%)
	ない	783 (96.5%)	78 (100.0%)	132 (100.0%)	110 (99.1%)	150 (98.0%)	143 (96.0%)	110 (94.0%)	60 (84.5%)	170 (90.4%)

表126 問41-2 虚血性心疾患の治療を受けたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	34 (100.0%)	0 —	0 —	4 (100.0%)	6 (100.0%)	11 (100.0%)	8 (100.0%)	5 (100.0%)	13 (100.0%)
	現在受けている	19 (55.9%)	0 —	0 —	2 (50.0%)	4 (66.7%)	5 (45.5%)	3 (37.5%)	5 (100.0%)	8 (61.5%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	8 (23.5%)	0 —	0 —	2 (50.0%)	1 (16.7%)	4 (36.4%)	1 (12.5%)	0 (0.0%)	1 (7.7%)
	以前に受けたことがあるが、自己判断で現在は受けていない	2 (5.9%)	0 —	0 —	0 (0.0%)	0 (0.0%)	1 (9.1%)	1 (12.5%)	0 (0.0%)	1 (7.7%)
	ほとんど治療を受けたことがない	5 (14.7%)	0 —	0 —	0 (0.0%)	1 (16.7%)	1 (9.1%)	3 (37.5%)	0 (0.0%)	3 (23.1%)
	総数	28 (100.0%)	0 —	0 —	1 (100.0%)	3 (100.0%)	6 (100.0%)	7 (100.0%)	11 (100.0%)	18 (100.0%)
女性	現在受けている	15 (53.6%)	0 —	0 —	0 (0.0%)	1 (33.3%)	4 (66.7%)	5 (71.4%)	5 (45.5%)	10 (55.6%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	7 (25.0%)	0 —	0 —	1 (100.0%)	0 (0.0%)	0 (0.0%)	2 (28.6%)	4 (36.4%)	6 (33.3%)
	以前に受けたことがあるが、自己判断で現在は受けていない	3 (10.7%)	0 —	0 —	0 (0.0%)	1 (33.3%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	ほとんど治療を受けたことがない	3 (10.7%)	0 —	0 —	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	2 (11.1%)
	総数	28 (100.0%)	0 —	0 —	1 (100.0%)	3 (100.0%)	6 (100.0%)	7 (100.0%)	11 (100.0%)	18 (100.0%)
	現在受けている	15 (53.6%)	0 —	0 —	0 (0.0%)	1 (33.3%)	4 (66.7%)	5 (71.4%)	5 (45.5%)	10 (55.6%)

\* 母数は「これまでに医師から虚血性心疾患と言われたことがある」者

表127 問42 これまでに医師から脳卒中(脳出血、脳梗塞など)と言われたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	702 (100.0%)	51 (100.0%)	103 (100.0%)	114 (100.0%)	156 (100.0%)	134 (100.0%)	102 (100.0%)	42 (100.0%)	144 (100.0%)
	ある	37 (5.3%)	0 (0.0%)	1 (1.0%)	0 (0.0%)	6 (3.8%)	11 (8.2%)	14 (13.7%)	5 (11.9%)	19 (13.2%)
	ない	665 (94.7%)	51 (100.0%)	102 (99.0%)	114 (100.0%)	150 (96.2%)	123 (91.8%)	88 (86.3%)	37 (88.1%)	125 (86.8%)
女性	総数	812 (100.0%)	78 (100.0%)	132 (100.0%)	111 (100.0%)	153 (100.0%)	149 (100.0%)	117 (100.0%)	72 (100.0%)	189 (100.0%)
	ある	22 (2.7%)	1 (1.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (3.4%)	6 (5.1%)	10 (13.9%)	16 (8.5%)
	ない	790 (97.3%)	77 (98.7%)	132 (100.0%)	111 (100.0%)	153 (100.0%)	144 (96.6%)	111 (94.9%)	62 (86.1%)	173 (91.5%)

表128 問42-2 脳卒中の治療を受けたことがありますか 人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	37 (100.0%)	0 —	1 (100.0%)	0 —	6 (100.0%)	11 (100.0%)	14 (100.0%)	5 (100.0%)	19 (100.0%)
	現在受けている	19 (51.4%)	0 —	0 (0.0%)	0 —	3 (50.0%)	5 (45.5%)	9 (64.3%)	2 (40.0%)	11 (57.9%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	15 (40.5%)	0 —	0 (0.0%)	0 —	3 (50.0%)	5 (45.5%)	5 (35.7%)	2 (40.0%)	7 (36.8%)
	以前に受けたことがあるが、自己判断で現在は受けていない	1 (2.7%)	0 —	0 (0.0%)	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	1 (5.3%)
	ほとんど治療を受けたことがない	1 (2.7%)	0 —	0 (0.0%)	0 —	0 (0.0%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	未記入	1 (2.7%)	0 —	1 (100.0%)	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	総数	22 (100.0%)	1 (100.0%)	0 —	0 —	0 —	5 (100.0%)	6 (100.0%)	10 (100.0%)	16 (100.0%)
女性	現在受けている	16 (72.7%)	1 (100.0%)	0 —	0 —	0 —	3 (60.0%)	5 (83.3%)	7 (70.0%)	12 (75.0%)
	以前に受けたことがあるが、医師の指示で現在は受けていない(経過観察中含む)	6 (27.3%)	0 (0.0%)	0 —	0 —	0 —	2 (40.0%)	1 (16.7%)	3 (30.0%)	4 (25.0%)
	以前に受けたことがあるが、自己判断で現在は受けていない	0 (0.0%)	0 (0.0%)	0 —	0 —	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	ほとんど治療を受けたことがない	0 (0.0%)	0 (0.0%)	0 —	0 —	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	未記入	0 (0.0%)	0 (0.0%)	0 —	0 —	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	総数	0 (0.0%)	0 (0.0%)	0 —	0 —	0 —	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\* 母数は「これまでに医師から脳卒中と言われたことがある」者

表129 問43 その他に治療中の病気がありますか

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	698	51	103	114	154	134	102	40	142
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	138	3	6	15	29	29	36	20	56
		(19.8%)	(5.9%)	(5.8%)	(13.2%)	(18.8%)	(21.6%)	(35.3%)	(50.0%)	(39.4%)
	ない	560	48	97	99	125	105	66	20	86
		(80.2%)	(94.1%)	(94.2%)	(86.8%)	(81.2%)	(78.4%)	(64.7%)	(50.0%)	(60.6%)
女性	総数	806	78	132	111	152	148	114	71	185
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	204	9	11	14	31	50	56	33	89
		(25.3%)	(11.5%)	(8.3%)	(12.6%)	(20.4%)	(33.8%)	(49.1%)	(46.5%)	(48.1%)
	ない	602	69	121	97	121	98	58	38	96
		(74.7%)	(88.5%)	(91.7%)	(87.4%)	(79.6%)	(66.2%)	(50.9%)	(53.5%)	(51.9%)

表130 問43-2 現在治療中の病気(複数回答)

人数(%)

		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	「治療中の病気がある」者	138	3	6	15	29	29	36	20	56
	肝臓病	9	0	0	3	2	2	2	0	2
		(6.5%)	(0.0%)	(0.0%)	(20.0%)	(6.9%)	(6.9%)	(5.6%)	(0.0%)	(3.6%)
	貧血	7	0	0	0	4	1	1	1	2
		(5.1%)	(0.0%)	(0.0%)	(0.0%)	(13.8%)	(3.4%)	(2.8%)	(5.0%)	(3.6%)
	胃腸病	10	0	0	1	1	1	5	2	7
		(7.2%)	(0.0%)	(0.0%)	(6.7%)	(3.4%)	(3.4%)	(13.9%)	(10.0%)	(12.5%)
	がん	12	0	0	0	2	1	6	3	9
	(8.7%)	(0.0%)	(0.0%)	(0.0%)	(6.9%)	(3.4%)	(16.7%)	(15.0%)	(16.1%)	
腰痛ひざ痛関節痛等関節の病気	40	1	2	5	3	12	10	7	17	
	(29.0%)	(33.3%)	(33.3%)	(33.3%)	(10.3%)	(41.4%)	(27.8%)	(35.0%)	(30.4%)	
疾病その他	69	2	4	7	18	14	16	8	24	
	(50.0%)	(66.7%)	(66.7%)	(46.7%)	(62.1%)	(48.3%)	(44.4%)	(40.0%)	(42.9%)	
女性	「治療中の病気がある」者	204	9	11	14	31	50	56	33	89
	肝臓病	8	0	0	1	0	5	2	0	2
		(3.9%)	(0.0%)	(0.0%)	(7.1%)	(0.0%)	(10.0%)	(3.6%)	(0.0%)	(2.2%)
	貧血	10	2	2	3	1	0	2	0	2
		(4.9%)	(22.2%)	(18.2%)	(21.4%)	(3.2%)	(0.0%)	(3.6%)	(0.0%)	(2.2%)
	胃腸病	15	0	0	2	1	8	3	1	4
		(7.4%)	(0.0%)	(0.0%)	(14.3%)	(3.2%)	(16.0%)	(5.4%)	(3.0%)	(4.5%)
	がん	12	0	1	0	3	5	2	1	3
	(5.9%)	(0.0%)	(9.1%)	(0.0%)	(9.7%)	(10.0%)	(3.6%)	(3.0%)	(3.4%)	
腰痛ひざ痛関節痛等関節の病気	91	2	1	4	11	19	31	23	54	
	(44.6%)	(22.2%)	(9.1%)	(28.6%)	(35.5%)	(38.0%)	(55.4%)	(69.7%)	(60.7%)	
疾病その他	101	4	8	8	21	21	28	11	39	
	(49.5%)	(44.4%)	(72.7%)	(57.1%)	(67.7%)	(42.0%)	(50.0%)	(33.3%)	(43.8%)	

\*母数は「治療中の病気がある」と回答した者



表131 問44 過去1年間に、がん検診を受けましたか

		人数(%)								
		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	701	51	103	114	155	134	102	42	144
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	279	2	24	45	71	67	53	17	70
		(39.8%)	(3.9%)	(23.3%)	(39.5%)	(45.8%)	(50.0%)	(52.0%)	(40.5%)	(48.6%)
	ない	422	49	79	69	84	67	49	25	74
		(60.2%)	(96.1%)	(76.7%)	(60.5%)	(54.2%)	(50.0%)	(48.0%)	(59.5%)	(51.4%)
女性	総数	808	78	132	110	152	148	116	72	188
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ある	380	13	64	65	85	82	56	15	71
		(47.0%)	(16.7%)	(48.5%)	(59.1%)	(55.9%)	(55.4%)	(48.3%)	(20.8%)	(37.8%)
	ない	428	65	68	45	67	66	60	57	117
		(53.0%)	(83.3%)	(51.5%)	(40.9%)	(44.1%)	(44.6%)	(51.7%)	(79.2%)	(62.2%)

表132 問44-2 がん検診を受けた人の受診したがん検診(複数回答)

		人数(%)								
		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	胃がん検診	219	2	20	33	61	51	39	13	52
		(78.5%)	(100.0%)	(83.3%)	(73.3%)	(85.9%)	(76.1%)	(73.6%)	(76.5%)	(74.3%)
	肺がん検診	173	2	21	25	46	38	31	10	41
		(62.0%)	(100.0%)	(87.5%)	(55.6%)	(64.8%)	(56.7%)	(58.5%)	(58.8%)	(58.6%)
	大腸がん検診	172	0	16	35	42	42	28	9	37
	(61.6%)	(0.0%)	(66.7%)	(77.8%)	(59.2%)	(62.7%)	(52.8%)	(52.9%)	(52.9%)	
	上記は受けていない	10	0	0	2	3	3	2	0	2
		(3.6%)	(0.0%)	(0.0%)	(4.4%)	(4.2%)	(4.5%)	(3.8%)	(0.0%)	(2.9%)
女性	胃がん検診	213	1	21	30	62	51	37	11	48
		(56.1%)	(7.7%)	(32.8%)	(46.2%)	(72.9%)	(62.2%)	(66.1%)	(73.3%)	(67.6%)
	肺がん検診	198	1	18	32	50	52	37	8	45
		(52.1%)	(7.7%)	(28.1%)	(49.2%)	(58.8%)	(63.4%)	(66.1%)	(53.3%)	(63.4%)
	子宮がん検診	216	11	50	48	50	45	12	0	12
		(56.8%)	(84.6%)	(78.1%)	(73.8%)	(58.8%)	(54.9%)	(21.4%)	(0.0%)	(16.9%)
	乳がん検診	179	6	22	39	57	47	8	0	8
	(47.1%)	(46.2%)	(34.4%)	(60.0%)	(67.1%)	(57.3%)	(14.3%)	(0.0%)	(11.3%)	
大腸がん検診	197	1	20	30	48	53	37	8	45	
	(51.8%)	(7.7%)	(31.3%)	(46.2%)	(56.5%)	(64.6%)	(66.1%)	(53.3%)	(63.4%)	
	上記は受けていない	2	0	0	0	1	0	1	0	1
		(0.5%)	(0.0%)	(0.0%)	(0.0%)	(1.2%)	(0.0%)	(1.8%)	(0.0%)	(1.4%)

表133 問45 内臓脂肪症候群(メタボリックシンドローム)を知っていますか

		人数(%)								
		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上	(再掲) 70歳以上
男性	総数	701	51	104	114	156	134	101	41	142
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	内容を知っている	439	27	68	82	110	90	51	11	62
		(62.6%)	(52.9%)	(65.4%)	(71.9%)	(70.5%)	(67.2%)	(50.5%)	(26.8%)	(43.7%)
	言葉を聞いたことはあるが内容は知らない	209	21	34	30	39	39	32	14	46
	(29.8%)	(41.2%)	(32.7%)	(26.3%)	(25.0%)	(29.1%)	(31.7%)	(34.1%)	(32.4%)	
知らない(今回の調査で初めて聞いた場合を含む)	53	3	2	2	7	5	18	16	34	
	(7.6%)	(5.9%)	(1.9%)	(1.8%)	(4.5%)	(3.7%)	(17.8%)	(39.0%)	(23.9%)	
女性	総数	808	78	132	111	152	149	115	71	186
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	内容を知っている	503	46	87	77	107	117	49	20	69
		(62.3%)	(59.0%)	(65.9%)	(69.4%)	(70.4%)	(78.5%)	(42.6%)	(28.2%)	(37.1%)
	言葉を聞いたことはあるが内容は知らない	247	31	44	33	45	26	42	26	68
	(30.6%)	(39.7%)	(33.3%)	(29.7%)	(29.6%)	(17.4%)	(36.5%)	(36.6%)	(36.6%)	
知らない(今回の調査で初めて聞いた場合を含む)	58	1	1	1	0	6	24	25	49	
	(7.2%)	(1.3%)	(0.8%)	(0.9%)	(0.0%)	(4.0%)	(20.9%)	(35.2%)	(26.3%)	

3 栄養摂取状況調査

表134 朝食の欠食・外食等食事の状況

		人数(%)										
		総数	1~6歳	7~14歳	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	322 (100.0%)	25 (100.0%)	27 (100.0%)	20 (100.0%)	14 (100.0%)	35 (100.0%)	43 (100.0%)	52 (100.0%)	49 (100.0%)	42 (100.0%)	15 (100.0%)
	外食・給食	9 (2.8%)	1 (4.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (5.7%)	5 (11.6%)	0 (0.0%)	0 (0.0%)	1 (2.4%)	0 (0.0%)
	調理済み食品	8 (2.5%)	2 (8.0%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (4.7%)	2 (3.8%)	1 (2.0%)	0 (0.0%)	0 (0.0%)
	家庭食	271 (84.2%)	22 (88.0%)	24 (88.9%)	17 (85.0%)	11 (78.6%)	26 (74.3%)	28 (65.1%)	45 (86.5%)	45 (91.8%)	38 (90.5%)	15 (100.0%)
	その他1	12 (3.7%)	0 (0.0%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	2 (5.7%)	3 (7.0%)	2 (3.8%)	2 (4.1%)	2 (4.8%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	22 (6.8%)	0 (0.0%)	1 (3.7%)	3 (15.0%)	3 (21.4%)	5 (14.3%)	5 (11.6%)	3 (5.8%)	1 (2.0%)	1 (2.4%)	0 (0.0%)
	総数	340 (100.0%)	17 (100.0%)	31 (100.0%)	14 (100.0%)	26 (100.0%)	38 (100.0%)	40 (100.0%)	43 (100.0%)	60 (100.0%)	38 (100.0%)	33 (100.0%)
女性	外食・給食	2 (0.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (2.6%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	調理済み食品	14 (4.1%)	2 (11.8%)	2 (6.5%)	0 (0.0%)	1 (3.8%)	2 (5.3%)	1 (2.5%)	2 (4.7%)	1 (1.7%)	2 (5.3%)	1 (3.0%)
	家庭食	300 (88.2%)	15 (88.2%)	27 (87.1%)	12 (85.7%)	20 (76.9%)	34 (89.5%)	36 (90.0%)	34 (79.1%)	58 (96.7%)	32 (84.2%)	32 (97.0%)
	その他1	13 (3.8%)	0 (0.0%)	1 (3.2%)	2 (14.3%)	2 (7.7%)	0 (0.0%)	1 (2.5%)	4 (9.3%)	0 (0.0%)	3 (7.9%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	11 (3.2%)	0 (0.0%)	1 (3.2%)	0 (0.0%)	3 (11.5%)	1 (2.6%)	2 (5.0%)	2 (4.7%)	1 (1.7%)	1 (2.6%)	0 (0.0%)

\* その他1は「菓子、果物、乳製品、嗜好飲料などの食品のみを食べた」、その他2は「錠剤などによる栄養素の補給、栄養ドリンク剤のみ」のもの。

表135 昼食の欠食・外食等食事の状況

		人数(%)										
		総数	1~6歳	7~14歳	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	322 (100.0%)	25 (100.0%)	27 (100.0%)	20 (100.0%)	14 (100.0%)	35 (100.0%)	43 (100.0%)	52 (100.0%)	49 (100.0%)	42 (100.0%)	15 (100.0%)
	外食・給食	113 (35.1%)	9 (36.0%)	23 (85.2%)	3 (15.0%)	6 (42.9%)	18 (51.4%)	25 (58.1%)	17 (32.7%)	10 (20.4%)	2 (4.8%)	0 (0.0%)
	調理済み食品	14 (4.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (2.9%)	2 (4.7%)	3 (5.8%)	4 (8.2%)	2 (4.8%)	2 (13.3%)
	家庭食	190 (59.0%)	16 (64.0%)	4 (14.8%)	17 (85.0%)	8 (57.1%)	14 (40.0%)	15 (34.9%)	31 (59.6%)	35 (71.4%)	37 (88.1%)	13 (86.7%)
	その他1	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	5 (1.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (5.7%)	1 (2.3%)	1 (1.9%)	0 (0.0%)	1 (2.4%)	0 (0.0%)
	総数	340 (100.0%)	17 (100.0%)	31 (100.0%)	14 (100.0%)	26 (100.0%)	38 (100.0%)	40 (100.0%)	43 (100.0%)	60 (100.0%)	38 (100.0%)	33 (100.0%)
女性	外食・給食	67 (19.7%)	6 (35.3%)	27 (87.1%)	2 (14.3%)	4 (15.4%)	5 (13.2%)	7 (17.5%)	10 (23.3%)	4 (6.7%)	1 (2.6%)	1 (3.0%)
	調理済み食品	19 (5.6%)	0 (0.0%)	1 (3.2%)	1 (7.1%)	1 (3.8%)	3 (7.9%)	1 (2.5%)	4 (9.3%)	4 (6.7%)	3 (7.9%)	1 (3.0%)
	家庭食	251 (73.8%)	11 (64.7%)	3 (9.7%)	11 (78.6%)	21 (80.8%)	28 (73.7%)	32 (80.0%)	29 (67.4%)	51 (85.0%)	34 (89.5%)	31 (93.9%)
	その他1	1 (0.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.7%)	0 (0.0%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	2 (0.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (5.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\* その他1は「菓子、果物、乳製品、嗜好飲料などの食品のみを食べた」、その他2は「錠剤などによる栄養素の補給、栄養ドリンク剤のみ」のもの。

表136 夕食の欠食・外食等食事の状況

人数(%)

		総数	1~6歳	7~14歳	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	322 (100.0%)	25 (100.0%)	27 (100.0%)	20 (100.0%)	14 (100.0%)	35 (100.0%)	43 (100.0%)	52 (100.0%)	49 (100.0%)	42 (100.0%)	15 (100.0%)
	外食・給食	21 (6.5%)	1 (4.0%)	1 (3.7%)	0 (0.0%)	2 (14.3%)	7 (20.0%)	5 (11.6%)	1 (1.9%)	3 (6.1%)	1 (2.4%)	0 (0.0%)
	調理済み食品	7 (2.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (9.3%)	0 (0.0%)	0 (2.0%)	1 (4.8%)	2 (0.0%)
	家庭食	291 (90.4%)	23 (92.0%)	26 (96.3%)	20 (100.0%)	12 (85.7%)	28 (80.0%)	33 (76.7%)	50 (96.2%)	45 (91.8%)	39 (92.9%)	15 (100.0%)
	その他1	1 (0.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (2.3%)	1 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	2 (0.6%)	1 (4.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (1.9%)	1 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
女性	総数	340 (100.0%)	17 (100.0%)	31 (100.0%)	14 (100.0%)	26 (100.0%)	38 (100.0%)	40 (100.0%)	43 (100.0%)	60 (100.0%)	38 (100.0%)	33 (100.0%)
	外食・給食	8 (2.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (11.5%)	2 (5.3%)	1 (2.5%)	0 (0.0%)	2 (3.3%)	0 (0.0%)	0 (0.0%)
	調理済み食品	9 (2.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (11.5%)	0 (0.0%)	0 (0.0%)	2 (4.7%)	2 (3.3%)	2 (5.3%)	0 (0.0%)
	家庭食	323 (95.0%)	17 (100.0%)	31 (100.0%)	14 (100.0%)	20 (76.9%)	36 (94.7%)	39 (97.5%)	41 (95.3%)	56 (93.3%)	36 (94.7%)	33 (100.0%)
	その他1	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	その他2	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	欠食	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

\* その他1は「菓子、果物、乳製品、嗜好飲料などの食品のみを食べた」、その他2は「錠剤などによる栄養素の補給、栄養ドリンク剤のみ」のもの。

## 生活活動

表137 中強度(仕事・家事)と年代別と性別

人数(%)

		総数	8~14歳	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	294	24	20	14	35	43	52	49	42	15
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ほとんどしない	69	11	6	2	5	9	9	12	7	8
		(23.5%)	(45.8%)	(30.0%)	(14.3%)	(14.3%)	(20.9%)	(17.3%)	(24.5%)	(16.7%)	(53.3%)
	30分前後	37	2	6	2	6	5	5	5	4	2
		(12.6%)	(8.3%)	(30.0%)	(14.3%)	(17.1%)	(11.6%)	(9.6%)	(10.2%)	(9.5%)	(13.3%)
1時間前後	48	9	4	2	5	6	10	4	7	1	
	(16.3%)	(37.5%)	(20.0%)	(14.3%)	(14.3%)	(14.0%)	(19.2%)	(8.2%)	(16.7%)	(6.7%)	
2時間前後	140	2	4	8	19	23	28	28	24	4	
	(47.6%)	(8.3%)	(20.0%)	(57.1%)	(54.3%)	(53.5%)	(53.8%)	(57.1%)	(57.1%)	(26.7%)	
女性	総数	319	27	14	26	38	40	43	60	38	33
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ほとんどしない	52	11	4	5	3	3	2	2	7	15
		(16.3%)	(40.7%)	(28.6%)	(19.2%)	(7.9%)	(7.5%)	(4.7%)	(3.3%)	(18.4%)	(45.5%)
	30分前後	46	5	3	6	2	5	0	12	8	5
		(14.4%)	(18.5%)	(21.4%)	(23.1%)	(5.3%)	(12.5%)	(0.0%)	(20.0%)	(21.1%)	(15.2%)
1時間前後	97	9	6	6	19	13	14	15	7	8	
	(30.4%)	(33.3%)	(42.9%)	(23.1%)	(50.0%)	(32.5%)	(32.6%)	(25.0%)	(18.4%)	(24.2%)	
2時間前後	124	2	1	9	14	19	27	31	16	5	
	(38.9%)	(7.4%)	(7.1%)	(34.6%)	(36.8%)	(47.5%)	(62.8%)	(51.7%)	(42.1%)	(15.2%)	

表138 高強度(仕事・家事)と年代別と性別

人数(%)

		総数	8~14歳	15~19歳	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	294	24	20	14	35	43	52	49	42	15
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ほとんどしない	145	11	10	8	12	17	22	29	24	12
		(49.3%)	(45.8%)	(50.0%)	(57.1%)	(34.3%)	(39.5%)	(42.3%)	(59.2%)	(57.1%)	(80.0%)
	15分前後	25	1	2	0	3	5	4	3	6	1
		(8.5%)	(4.2%)	(10.0%)	(0.0%)	(8.6%)	(11.6%)	(7.7%)	(6.1%)	(14.3%)	(6.7%)
30分前後	27	4	4	1	6	3	5	3	1	0	
	(9.2%)	(16.7%)	(20.0%)	(7.1%)	(17.1%)	(7.0%)	(9.6%)	(6.1%)	(2.4%)	(0.0%)	
1時間前後	97	8	4	5	14	18	21	14	11	2	
	(33.0%)	(33.3%)	(20.0%)	(35.7%)	(40.0%)	(41.9%)	(40.4%)	(28.6%)	(26.2%)	(13.3%)	
女性	総数	319	27	14	26	38	40	43	60	38	33
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	ほとんどしない	220	19	11	23	24	25	24	35	27	32
		(69.0%)	(70.4%)	(78.6%)	(88.5%)	(63.2%)	(62.5%)	(55.8%)	(58.3%)	(71.1%)	(97.0%)
	15分前後	50	2	0	1	9	4	9	16	9	0
		(15.7%)	(7.4%)	(0.0%)	(3.8%)	(23.7%)	(10.0%)	(20.9%)	(26.7%)	(23.7%)	(0.0%)
30分前後	17	1	1	1	2	7	2	2	1	0	
	(5.3%)	(3.7%)	(7.1%)	(3.8%)	(5.3%)	(17.5%)	(4.7%)	(3.3%)	(2.6%)	(0.0%)	
1時間前後	32	5	2	1	3	4	8	7	1	1	
	(10.0%)	(18.5%)	(14.3%)	(3.8%)	(7.9%)	(10.0%)	(18.6%)	(11.7%)	(2.6%)	(3.0%)	



表152 蒸し物の摂取頻度

		人数(%)							
		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	700 (100.0%)	50 (100.0%)	105 (100.0%)	115 (100.0%)	156 (100.0%)	132 (100.0%)	100 (100.0%)	42 (100.0%)
	ほとんど食べない	421 (60.1%)	33 (66.0%)	58 (55.2%)	65 (56.5%)	97 (62.2%)	75 (56.8%)	61 (61.0%)	32 (76.2%)
	週に1~3回	246 (35.1%)	16 (32.0%)	44 (41.9%)	47 (40.9%)	53 (34.0%)	43 (32.6%)	34 (34.0%)	9 (21.4%)
	週に4~5回	21 (3.0%)	1 (2.0%)	1 (1.0%)	1 (0.9%)	5 (3.2%)	9 (6.8%)	4 (4.0%)	0 (0.0%)
	1日1回ぐらい	12 (1.7%)	0 (0.0%)	2 (1.9%)	2 (1.7%)	1 (0.6%)	5 (3.8%)	1 (1.0%)	1 (2.4%)
	1日に2回以上	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	総数	805 (100.0%)	77 (100.0%)	132 (100.0%)	110 (100.0%)	152 (100.0%)	148 (100.0%)	115 (100.0%)	71 (100.0%)
女性	ほとんど食べない	438 (54.4%)	42 (54.5%)	79 (59.8%)	59 (53.6%)	86 (56.6%)	55 (37.2%)	77 (67.0%)	40 (56.3%)
	週に1~3回	335 (41.6%)	35 (45.5%)	49 (37.1%)	49 (44.5%)	60 (39.5%)	80 (54.1%)	33 (28.7%)	29 (40.8%)
	週に4~5回	20 (2.5%)	0 (0.0%)	2 (1.5%)	2 (1.8%)	4 (2.6%)	9 (6.1%)	1 (0.9%)	2 (2.8%)
	1日1回ぐらい	10 (1.2%)	0 (0.0%)	2 (1.5%)	0 (0.0%)	0 (0.0%)	4 (2.7%)	4 (3.5%)	0 (0.0%)
	1日に2回以上	2 (0.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (1.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	総数	805 (100.0%)	77 (100.0%)	132 (100.0%)	110 (100.0%)	152 (100.0%)	148 (100.0%)	115 (100.0%)	71 (100.0%)

表153 和え物の摂取頻度

		人数(%)							
		総数	20~29歳	30~39歳	40~49歳	50~59歳	60~69歳	70~79歳	80歳以上
男性	総数	700 (100.0%)	50 (100.0%)	105 (100.0%)	115 (100.0%)	156 (100.0%)	132 (100.0%)	100 (100.0%)	42 (100.0%)
	ほとんど食べない	245 (35.0%)	23 (46.0%)	42 (40.0%)	51 (44.3%)	55 (35.3%)	37 (28.0%)	28 (28.0%)	9 (21.4%)
	週に1~3回	361 (51.6%)	23 (46.0%)	51 (48.6%)	56 (48.7%)	82 (52.6%)	65 (49.2%)	57 (57.0%)	27 (64.3%)
	週に4~5回	68 (9.7%)	3 (6.0%)	9 (8.6%)	7 (6.1%)	17 (10.9%)	20 (15.2%)	10 (10.0%)	2 (4.8%)
	1日1回ぐらい	25 (3.6%)	1 (2.0%)	3 (2.9%)	1 (0.9%)	2 (1.3%)	10 (7.6%)	5 (5.0%)	3 (7.1%)
	1日に2回以上	1 (0.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (2.4%)
	総数	805 (100.0%)	77 (100.0%)	132 (100.0%)	110 (100.0%)	152 (100.0%)	148 (100.0%)	115 (100.0%)	71 (100.0%)
女性	ほとんど食べない	220 (27.3%)	29 (37.7%)	50 (37.9%)	37 (33.6%)	32 (21.1%)	28 (18.9%)	29 (25.2%)	15 (21.1%)
	週に1~3回	454 (56.4%)	42 (54.5%)	67 (50.8%)	61 (55.5%)	95 (62.5%)	84 (56.8%)	61 (53.0%)	44 (62.0%)
	週に4~5回	97 (12.0%)	5 (6.5%)	11 (8.3%)	12 (10.9%)	16 (10.5%)	23 (15.5%)	21 (18.3%)	9 (12.7%)
	1日1回ぐらい	28 (3.5%)	0 (0.0%)	4 (3.0%)	0 (0.0%)	7 (4.6%)	12 (8.1%)	3 (2.6%)	2 (2.8%)
	1日に2回以上	6 (0.7%)	1 (1.3%)	0 (0.0%)	0 (0.0%)	2 (1.3%)	1 (0.7%)	1 (0.9%)	1 (1.4%)
	総数	805 (100.0%)	77 (100.0%)	132 (100.0%)	110 (100.0%)	152 (100.0%)	148 (100.0%)	115 (100.0%)	71 (100.0%)